

How to succeed

A young child with light-colored hair is shown in profile, blowing bubbles. The child is smiling and looking upwards. The background is a vibrant green, and numerous bubbles of various sizes are floating around the child. The overall mood is joyful and optimistic.

11-23-20

Welcome to the Team!



Courtesy Akron's Children's Hospital



- Be on Time

- Know where you are going
- Ask your preceptor(s) ahead of time where you should be and when
- Arrive early
- Introduce yourself to everyone (clerks, secretaries, nurses, therapists, etc.)
- In the inpatient setting, pre-round and write your notes before work rounds
 - Don't be afraid to wake your patients



- Know rotation expectations before you start
 - Discuss expectations with each of your preceptors
 - Check patient appointments in Touchworks
 - Know what you need to have ready
 - FMH, ROS, Social histories, growth charts



- Know your patients
 - Everything that happened the night before
 - Talk to the nurses
 - Know current vitals and be able to interpret them
 - Know and be ready to interpret lab and radiology results
 - Look at the images!
 - Prep for clinic patients ahead of time



- Written documentation:
 - Notes should always be thorough even if others' notes are brief
 - Submit progress notes, clinic notes and H&P write-ups to the clerkship team
- Physical exams should be thorough
 - May be focused, but be thorough
 - Learn normals as well as abnormalities
- Pay attention to feedback and follow it



- Don't turn your back on a child on an exam table, keep one hand on the child
- Put bedrails up every time
- Re-dress & swaddle babies (or at least attempt to) if rotating in the nursery
- Scrub in and scrub out-every patient, every time
 - Follow isolation protocols
 - Remind others to also (but nicely)



- Be kind and helpful
 - Attendings get feedback from nursing, staff, interns and residents
 - Be respectful to everyone
 - Be helpful (without being intrusive)
 - Take advantage of having more time with your patients



- If an urgent situation develops, jump in
 - Be helpful without getting in the way
 - Ask questions later
 - Debrief when things calm down
 - Appropriate timing and location
 - Ask questions and learn
 - It's okay to take a break if needed



- Stay off of your phone!
 - Do not check text/emails during rounds, in a patient room or while in patient care areas
 - If checking something related to the patient be certain to ask the attending if it is ok
 - Make it clear you are NOT texting
 - Turn ringers off
 - Do not talk on your cell phone unless it is related to patient care or is an emergency

- Be careful with humor





- Respect your fellow team members
 - Don't disagree with the attending in front of patients and house staff
 - Discussion encouraged!
 - Don't bring personal issues to work
 - You pave the way for future students when you work in clinics and with attendings
 - Expect respect in return, and report any instances of student abuse or mistreatment



- Know and follow the dress code
 - Scrubs are worn in Inpatient, NICU, & PICU
 - Casual dress for Clinic and Newborn Nursery setting
 - Ties are optional
 - Close toed shoes
 - Well groomed fingernails, not long, no nail polish
 - No perfumes, colognes or scented lotion
 - If you have long hair, pull it back
 - Cute toys on stethoscopes should be “cleanable”



- Use free time wisely
 - Read- Clinical Practice Resource (CPR) link
 - Ask staff questions
 - Arrange to engage in other clinical activities
 - Shadow a nurse, therapist, dietician, etc.
 - Accompany a patient to any procedures
 - Go to radiology and ask questions



- Write down 3 things each day that you didn't understand or that you wanted to learn more about
 - Will expand your knowledge incredibly
 - Share that list with your preceptors
 - Offer to prepare a short didactic session, become the teacher!



- Know what to do if you have an emergency
 - Who should be notified?
 - Do you need coverage?
- Bring questions, concerns, feedback with you to your mid-clerkship meeting



- Attitude is everything!
- Even if you will never care for a child in your future career, make the best of it and acquire the knowledge and skills
- Use and seek out feedback
- Understand everything about your patients and if not, ask
- Take advantage of educational opportunities
 - Brown bags, grand rounds, resident rounds...



Dr. Chaudhary & Family Infection Control Award

Dr. Chaudhary & Family Infection Control Award

Every academic year Dr. Chaudhary and his partners will give two awards to be used for Academic Activities. A monetary award in the amount of \$500 and plaque will be awarded to one 3rd and 4th year medical student who have shown extra diligence in Infection Prevention & Control.

Criteria that must be met:

1. The student must be very diligent in consistently following and encouraging others to follow Infection Prevention Guidelines during their rotation in Pediatrics and subspecialties.
2. The student must demonstrate the use of/or development of Innovation in Infection Prevention Procedures.
3. Students interested in this award must submit a 2000 word or less essay on the importance of Infection Prevention & Control while caring for Pediatric patients.
4. Essays must be submitted by **April 7, 2023** to Dr. Sheref Unal and/or Jackie Ackerman either by email, campus mail (9658), or drop off at Medical Education Suite (3A146).



- HAVE FUN!



"It's normal for kids his age, not to share. However, they will readily share their communicable diseases with you."

